



National Center for Missing and Exploited Children Materials
(Suggested Procedures for Archdiocesan Schools Using Alternative PCYI Programming)

Guideline: 4 Onsite Lessons Per Grade Per Year From K - Gr. 12 Using Archdiocesan-Recommended Curricula

Preschool Materials for Catholic Schools (2 – 3 days/week programs for four-year-olds)

(Please note that preschool instruction is part of Archdiocesan recommended practices. However, instruction is not mandated by the *Charter for the Protection of Children and Young People*.)

Suggested Lessons: 2 Lessons, 10 – 15 Minutes Each, Introduction of NCMEC’s Safety Rules

Preschool **Session 1:** Use Modified Lesson Plan from PCYI office (10 - 15 minutes).

“Knowing My Rules for Safety” posters may be ordered online at: www.missingkids.com. Each person ordering materials may order 50 free posters. The item number for the poster in English is #NC28. This is also available in a downloadable format.

Preschool **Session 2:** For the second lesson, teachers may choose which poster from a series of seasonal posters is most appropriate for the preschool program (10 – 15 minutes). These include:

Halloween Safety: http://www.missingkids.com/en_US/publications/NC89.pdf;
Holiday Safety: http://www.missingkids.com/en_US/publications/NC90.pdf; and
Summer Safety: http://www.missingkids.com/en_US/publications/NC82.pdf.

These posters also may be ordered online at www.missingkids.com. Each person may order 50 free or download them. The item number is NC plus the number listed.

Kindergarten Materials for Catholic Schools

(Please note that instruction is mandated by the *Charter for the Protection of Children and Young People*, and “will begin no later than Kindergarten”, as outlined in the USCCB “Safe Environment Training of Children in the Catholic Church” work group report, p. 4, published April of 2007.)

Kindergarten **Session 1:** Use Modified Lesson Plan from PCYI office (10 - 15 minutes). Use either poster #NC28 (same as described above in Preschool section) or “For Going To and From School More Safely” (NC#91).

Kindergarten **Session 2 & 3:** Use Power of Parents Teachable Moments Guide: “Shine the Light on Child Safety” and “The Great Tomato Adventure” book (30 minutes). Available for downloading online at: <http://www.powerofparentsonline.com/downloads/TeachableMoment4to6.pdf> (lesson plan) and http://www.powerofparentsonline.com/downloads/GreatTomatoAdventure_ed1.pdf. (story book). One copy of story book is available through the PCYI office.

Kindergarten **Session 4:** Use Modified Lesson Plan from PCYI office (10 – 15 minutes). Use either poster #NC33 “Know the Rules...For Child Safety in Amusement or Theme Parks” (before a field trip) or poster #NC82 “Summer Safety Tips for Children” (before summer vacation begins).

Posters may be ordered online at: www.missingkids.com. Each person ordering materials may order 50 free posters. Posters are also available in a downloadable format. Coordinate poster use with preschool personnel, if applicable. Posters may be found using the following links:

Knowing My Rules for Safety: http://www.missingkids.com/en_US/publications/NC28.pdf;
For Going To and From School More Safely: http://www.missingkids.com/en_US/publications/NC91.pdf.
Amusement/Theme Parks: http://www.missingkids.com/en_US/publications/NC33.pdf;
Summer Safety: http://www.missingkids.com/en_US/publications/NC82.pdf;



Protection of Children and Youth Initiative
Archdiocese of St. Paul and Minneapolis

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(Suggested Procedures for Archdiocesan Schools Using Alternative PCYI Programming)

Guideline: 4 Onsite Lessons Per Grade Per Year From K - Gr. 12 Using Archdiocesan-Recommended Curricula

This outline was developed to help school faculties meet Archdiocesan guidelines and begin PCYI's personal safety instruction curriculum mapping. School faculties may change the sequence of these lessons. For lessons that are over 30 minutes in length, staff members may choose to eliminate an activity deemed less effective than the rest of the lesson's activities. Internet safety lessons may be taught by either the classroom teacher or the technology specialist. Activity Cards are located at: <http://www.netsmartz.org/resources/activitycards.htm#ms>. One copy of the Activity Cards (lessons), "Use Your NetSmartz" DVD, "Know the Rules" rap video DVD, and/or "NetSmartz Activities" CD may be ordered from PCYI staff. Optional games from NetSmartzKids are only available online.

Grade 1 Alternative Materials for Catholic Schools: NCMEC's NetSmartz Workshop

UYN=Use Your NetSmartz. This DVD is located at:

[http://www.netsmartz.org/education/download/group.html?catalog=/feeds/video_catalog.rss&channel=kids-videos&lang=.](http://www.netsmartz.org/education/download/group.html?catalog=/feeds/video_catalog.rss&channel=kids-videos&lang=)

1. NetSmartz: Know the Rules: K – 2 Grade Level, Check First Lesson (25 – 30 Minutes)
2. NetSmartz: Know the Rules: K – 2 Grade Level, Take a Friend Lesson (25 – 30 Minutes)
3. NetSmartz: Internet Safety: K – 2 Grade Level, UYN: The NetSmartz Chat Abbreviation 1 & 2 (30-35 Minutes)
4. NetSmartz: Internet Safety: K – 2 Grade Level, UYN: Don't Open That File (20 Minutes)

Grade 2 Alternative Materials for Catholic Schools: NCMEC's NetSmartz Workshop

UYN=Use Your NetSmartz. This DVD is located at:

[http://www.netsmartz.org/education/download/group.html?catalog=/feeds/video_catalog.rss&channel=kids-videos&lang=.](http://www.netsmartz.org/education/download/group.html?catalog=/feeds/video_catalog.rss&channel=kids-videos&lang=)

NSA=NetSmartz Activity. Clicky's Web World is on the NetSmartz Activity CD. This is located at:

[http://www.netsmartz.org/education/download/resource.html?catalog=/feeds/software_catalog.rss&item=activities.](http://www.netsmartz.org/education/download/resource.html?catalog=/feeds/software_catalog.rss&item=activities)

1. NetSmartz: Know the Rules: K – 2 Grade Level, Tell People "No" Lesson (25 – 35 Minutes)
2. NetSmartz: Know the Rules: K – 2 Grade Level, Tell a Trusted Adult (30 Minutes)
3. NetSmartz: Internet Safety: K – 2 Level, UYN: The Boy Who Loved IM & NSA: The Web Connection (40 Minutes)
4. NetSmartz: Internet Safety: K – 2 Level, NSA: The Webville Outlaws 1 & Clicky's Challenge 1 (35-40 Minutes)

Grade 3 Alternative Materials for Catholic Schools: NCMEC's NetSmartz Workshop

UYN=Use Your NetSmartz. This DVD is located at:

[http://www.netsmartz.org/education/download/group.html?catalog=/feeds/video_catalog.rss&channel=kids-videos&lang=.](http://www.netsmartz.org/education/download/group.html?catalog=/feeds/video_catalog.rss&channel=kids-videos&lang=)

1. NetSmartz: Know the Rules: 3 – 4 Grade Level, Check First Lesson (40 Minutes)
2. NetSmartz: Know the Rules: 3 – 4 Grade Level, Take a Friend Lesson (30 Minutes)
3. NetSmartz: Internet Safety: 3 – 4 Grade Level, UYN: The Password Rap 1 & 2 (35-40 Minutes)
4. NetSmartz: Internet Safety: 3 – 4 Grade Level, UYN: The Password Rap 3 (20-25 Minutes) Optional NetSmartzKids "Clicky's Picture Puzzle" at: <http://www.netsmartzkids.org/games/index.htm>.

Grade 4 Alternative Materials for Catholic Schools: NCMEC's NetSmartz Workshop

Rap video is optional for "Know the Rules" lessons. NetSmartz Rules! is on the NetSmartz Activity (NSA) CD located at:

[http://www.netsmartz.org/education/download/resource.html?catalog=/feeds/software_catalog.rss&item=activities.](http://www.netsmartz.org/education/download/resource.html?catalog=/feeds/software_catalog.rss&item=activities)

1. NetSmartz: Know the Rules: 3 – 4 Grade Level, Tell People "No" Lesson (30 – 40 Minutes)
2. NetSmartz: Know the Rules: 3 – 4 Grade Level, Tell a Trusted Adult (25 - 30 Minutes)
3. NetSmartz: Internet Safety: 3 – 4 Grade Level, NSA: Meet the WizzyWigs 1 (20 – 25 Minutes) Optional NetSmartzKids "Comic Book" at: <http://www.netsmartzkids.org/games/index.htm>.
4. NetSmartz: Internet Safety: 3 – 4 Grade Level, NSA: Which WizzyWig is Which? 1 & Internet Safety Pledge

Curriculum questions: please contact Sharon Tomlin, 651-290-1622 or tomlins@archspm.org
For materials: please contact PCYI office, (FAX) 651-290-1628 or pcyi@archspm.org.



National Center for Missing and Exploited Children Materials (Suggested Procedures for Archdiocesan Schools Using Alternative PCYI Programming)

Guideline: 4 Onsite Lessons Per Grade Per Year From K - Gr. 12 Using Archdiocesan-Recommended Curricula

This outline was developed to help school faculties meet Archdiocesan guidelines and begin PCYI's personal safety instruction curriculum mapping. School faculties may change the sequence of these lessons. For lessons that are over 40 minutes in length, staff members may choose to eliminate an activity deemed less effective than the rest of the lesson's activities. Internet safety lessons may be taught by either the classroom teacher or the technology specialist. Activity Cards are located at: <http://www.netsmartz.org/resources/activitycards.htm#ms>. One copy of the Activity Cards (lessons), "NetSmartz: Teen Vignettes" DVD and/or "NetSmartz Activities (I-360)" CD may be ordered from PCYI staff. NS Teens Videos and Comics are only available at this time online at: http://www.netsmartz.org/education/download/group.html?catalog=/feeds/video_catalog.rss&channel=nsteens-videos, and http://www.netsmartz.org/education/download/group.html?catalog=/feeds/print_catalog.rss&channel=comics. Power of Parents (POP) is another affiliate of NCMEC, similar to NetSmartz.

Grade 5 Alternative Materials for Catholic Schools: NCMEC's NetSmartz Workshop

UYN=Use Your NetSmartz. This DVD is located at:

[http://www.netsmartz.org/education/download/group.html?catalog=/feeds/video_catalog.rss&channel=kids-videos&lang=.](http://www.netsmartz.org/education/download/group.html?catalog=/feeds/video_catalog.rss&channel=kids-videos&lang=)

NetSmartz Rules! and I-360 are on the NetSmartz Activity (NSA) CD located at:

http://www.netsmartz.org/education/download/resource.html?catalog=/feeds/software_catalog.rss&item=activities.

1. NetSmartz: Know the Rules: 5 – 6 Grade Level, Check First Lesson (40 Minutes)
2. NetSmartz: Know the Rules: 5 – 6 Grade Level, Take a Friend Lesson (30-40 Minutes)
3. NetSmartz: Internet Safety: 5 – 6 Grade Level, Combine NSA/NS Rules!: Who's Your Friend on the Internet? (20-25 Minutes) & UYN: The Boy Who Loved IM 1 (15 Minutes). The "Who's Your Friend on the Internet?" activity may also be found at: <http://www.netsmartzkids.org/activities/nsrules/whofriend.htm>.
4. NetSmartz: Internet Safety: 5 – 6 Grade Level, NSA/I-360: Angela's Experience 1 (20-25 Minutes)

Grade 6 Alternative Materials for Catholic Schools: NCMEC's NetSmartz Workshop

NS Teens=NetSmartz Teens. NSA=NetSmartz Activity. I-360 video is on the NetSmartz Activity CD. This is located at:

http://www.netsmartz.org/education/download/resource.html?catalog=/feeds/software_catalog.rss&item=activities.

1. NetSmartz: Know the Rules: 5 – 6 Grade Level, Tell People "No" Lesson (30-40 Minutes)
2. NetSmartz: Know the Rules: 5 – 6 Grade Level, Tell a Trusted Adult (25-35 Minutes)
3. NetSmartz: Internet Safety: M. S. Level, NSA/I-360 or Teen Vignettes: Tracking Teresa 1 (25-30 Minutes)
4. NetSmartz: Internet Safety: Middle S. Level, NS Teens: Post-to-be Private 1 (40-45 Minutes)

Grade 7 Alternative Materials for Catholic Schools: NCMEC's NetSmartz Workshop

Cyberbullying vignettes are located at: <http://www.netsmartz.org/education/download/>. I-360 video is located at:

http://www.netsmartz.org/education/download/resource.html?catalog=/feeds/software_catalog.rss&item=activities.

1. Power of Parents (POP): Real-World Safety: M. S. Level I, Take a Friend/Tell a Trusted Adult (25-30 Minutes)
2. NetSmartz: Internet Safety: M. S. Level, Online or Teen Vignettes: Cyberbullying: You Can't Take it Back (35-40 Minutes). Optional to introduce topic with Teen Vignettes: Cyberbullying: Feathers in the Wind.
3. NetSmartz: Internet Safety: M. S. Level, Online or Teen Vignettes: Cyberbullying: Broken Friendship (30 Minutes)
4. NetSmartz: Internet Safety: Middle S. Level, NSA/I-360: Keisha's Crime & Angela's Experience (25-30 Minutes)

Grade 8 Alternative Materials for Catholic Schools: NCMEC's NetSmartz Workshop

1. Power of Parents (POP): Real-World Safety: M. S. Level II, Check First/Tell People "No" (25-30 Minutes)
2. NetSmartz: Internet Safety: M. S. Level, NS Teens Videos: Terrible tEXt 1 (45 - 50 Minutes)
3. NetSmartz: Internet Safety: M. S. Level, NS Teens Comics: How Much Is Too Much? (40 – 45 Minutes)



**Protection of Children and Youth Initiative
Archdiocese of St. Paul and Minneapolis**

***Creating Safe and Sacred Places, Breaking the Silence and
National Center for Missing and Exploited Children Materials for Teens***

(Suggested Procedures for Archdiocesan Schools Using a Combination of PCYI Curriculum Choices)

Guideline: 4 Onsite Lessons Per Grade Per Year From K - Gr. 12 Using Archdiocesan-Recommended Curricula

Catholic high schools in the Archdiocese of Saint Paul and Minneapolis have been given the option of teaching the curriculum content as units within their term-designed course schedules. Many schools are placing the content in health, moral decision-making and/or technology safety instruction. Some schools are placing all instruction in two terms; others are spreading the information out so students receive instruction every year. The focus of the content is personal safety awareness and instruction. Although chastity education is equally important, only the personal safety awareness and instruction is audited as a result of the *Charter for the Protection of Children and Young People*.

This outline was developed to help school faculties meet Archdiocesan guidelines and promote PCYI's personal safety instruction curriculum mapping. School faculties may change the sequence of these lessons. For lessons that are over 50 minutes in length, staff members may choose to eliminate an activity deemed less effective than the rest of the lesson's activities. Cyber safety lessons may be taught by either the classroom teacher or the technology specialist. Power of Parents (POP) is another affiliate of NCMEC, similar to NetSmartz.

Activity Cards are located at: <http://www.netsmartz.org/resources/activitycards.htm#ms>. One copy of NetSmartz Activity Cards (lessons), "NetSmartz: Teen Vignettes" DVD and/or "NetSmartz Activities (I-360)" CD may be ordered from PCYI staff, as well as one copy of *Breaking the Silence*. NS Teens Videos and Comics are only available at this time online at: http://www.netsmartz.org/education/download/group.html?catalog=/feeds/video_catalog.rss&channel=nsteens-videos, and http://www.netsmartz.org/education/download/group.html?catalog=/feeds/print_catalog.rss&channel=comics.

Grade 9 Supplemental Materials: Diocese of Orange: Breaking the Silence

This is best suited as an introduction to Fr. McGlone's "Creating Safe and Sacred Places" at the 9th grade level or if Fr. McGlone's materials are used in 9th and 10th grade, this would be well-suited for youth ministry programs. An archdiocesan lesson plan is included with materials. There are suggestions for teens and also suggestions for parents, if separate gatherings are planned.

An optional suggestion is to use the "Know the Rules" pamphlet from NCMEC. You may order 50 free brochures online at: www.missingkids.com (item # 54) or download it and copy it at your site.

High School Curricula Using Fr. McGlone's "Creating Safe and Sacred Places"

Creating Safe and Sacred Places continues to be the primary text.

Activities from sessions 5, 6, 7, and 8 may be used to create units of lessons.

Some sites are using the "Prayer Service of Reconciliation and Rededication" (pages 152 – 156) for intergenerational experiences or for parent programs.

High School Curricula Using NCMEC's "NetSmartz", "NS Teens", and "Power of Parents"

NetSmartz has five (5) Activity Cards at the high school level. They make use of the same vignettes used in earlier lessons with new activities. All vignettes are on the "NetSmartz: Teen Vignettes".

Dependent on the educational backgrounds of Catholic high school students, faculty may choose to use any of the materials suggested for Catholic school students in Grades 5 – 8.

The topic of meeting and/or running away with someone whom students have met online is not covered in Middle School lessons. Specifically, this would include NetSmartz Activity Cards: *Julie's Journey I*; *Amy Choice I*, and *Teens PSA: Promises*.