

**Alignment of NetSmartz: *Know the Rules* Personal Safety Curriculum  
for Preschool – Grade 6 to the  
Archdiocesan *Religion Standards for Catholic Education (RS)***

<b>NetSmartz: <i>Know the Rules</i></b>		
<b>Personal Safety Rules</b>	<b>Religion Curriculum Themes/Benchmarks (Related Grade Levels)</b>	<b>Religion Standards for the Archdiocese of Saint Paul and Minneapolis</b> Related paragraphs in the <i>Catechism of the Catholic Church (CCC)</i>
<p><b>Check First</b> * with a trusted adult:</p> <ul style="list-style-type: none"> <li>— before going anywhere, helping anyone, accepting anything, getting into a car, or leaving with anyone</li> <li>— if I change my plans</li> </ul> <p><i>Internet Safety Pledge</i> * with my parents or guardian:</p> <ul style="list-style-type: none"> <li>— to set up expectations and ground rules for going online</li> <li>— before sharing personal information such as my address, telephone number, my parents' or guardian's work address/phone number or the name and location of my school</li> <li>— before downloading anything from anyone</li> </ul>	<p>Show respect for those in authority (K-2)</p> <p>Apply the 10 Commandments [e.g. Honor thy father and mother] to daily living (6)</p> <p>Practice simple forms of guided reflection as a tool for understanding how to make informed moral decisions (K-2)</p> <p>Choose critical reflection to examine various values and behaviors promoted by society and the media (3-5)</p> <p>Show continuing desire to live a moral life (6)</p> <p>Understand their responsibility to care for themselves, others, and the environment (K-2)</p> <p>Understand the role and authority of adults within the family and acknowledge the roles and responsibilities of children within the family structure. (K-2)</p> <p>Identify strategies for maintaining personal respect and boundaries with family and friends (3-5)</p>	<p><i>Standard Three: Moral Formation (CCC #1691-2557)</i> B. Understand the Ten Commandments, Beatitudes and moral teachings of the Church and live according to them. <i>RS</i> p. 19</p> <p>E. Learn how to acquire and follow a well-formed conscience <i>RS</i> p.20</p> <p><i>Standard Five: Education for Community Life (CCC #811-987, 1803-1841, 2196-2257)</i> B. Cultivate human values and Christian virtues that foster growth in interpersonal relationships and in civic responsibility. <i>RS</i> p 26</p> <p>C. Nurture marriage and family life. <i>RS</i> p. 27</p>

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Personal Safety Rules	Religion Curriculum Themes/Benchmarks (Related Grade Levels)	Religion Standards for the Archdiocese of Saint Paul and Minneapolis
<p><b><u>Take a friend</u></b></p> <ul style="list-style-type: none"> <li>— when going places or playing outside</li> <li>— by sticking together we can help look out for each other if one of us is in danger or gets hurt</li> </ul> <p><i>Internet Safety Pledge</i> I will never meet in person with anyone I have first "met" online without checking with my parents or guardian. If my parents or guardian agrees to the meeting, it will be in a public place and my parents or guardian must come along</p>	<p>Apply the Great Commandment to daily life (3-5)</p> <p>Explain how the "Great Commandment" guides us in moral decision making (6)</p> <p>Understand that actions affect others (K-2)</p> <p>Express how each person is responsible for one's own life and decisions (3-5)</p> <p>Practice simple forms of guided reflection as a tool for understanding how to make informed moral decisions (K-2)</p> <p>Choose critical reflection to examine various values and behaviors promoted by society and the media (3-5)</p> <p>Demonstrate ways to live the "Great Commandment" (K-2)</p> <p>Practice mercy, compassion and justice as essential components of a Christian life (3-5)</p> <p>Seek ways to be disciples of Jesus (6)</p> <p>Understand their responsibility to care for themselves, others, and the environment (K-2)</p> <p>Exemplify awareness and responsibility for the common good (3-5)</p> <p>Display compassion for all (6)</p> <p>Treat all life with respect and care for it with good stewardship (3-5)</p> <p>Evaluate wants and needs in light of the common good (6)</p>	<p><i>Standard Three: Moral Formation (CCC #1691-2557)</i></p> <p>A. Understand the "Great Commandment" of Jesus RS p.18</p> <p>C. Understand the dignity, destiny, freedom and responsibility of each person RS p.19</p> <p>E. Learn how to acquire and follow a well-formed conscience RS p.20</p> <p>G. Live a lifestyle reflecting scriptural values RS p. 21</p> <p><i>Standard Five: Education for Community Life (CCC #811-987,1803-1841,2196-2257)</i></p> <p>B. Cultivate human values and Christian virtues that foster growth in interpersonal relationships and in civic responsibility. RS p 26</p> <p><i>Standard Six: Missionary Initiation (CCC #1807,1878-1948)</i></p> <p>E. Understand the importance of service to those in need, promoting the common good and working for the transformation of society through personal and social action. RS p.33</p>

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<p><b><u>Tell People “ No”</u></b></p> <ul style="list-style-type: none"> <li>— if I am are scared, uncomfortable, or confused</li> <li>— if someone tries to touch me in a way that bothers me</li> </ul> <p><i>Internet Safety Pledge</i> I will:</p> <ul style="list-style-type: none"> <li>— turn off my computer monitor right away and tell a trusted adult if anything makes me feel scared, uncomfortable, or confused</li> <li>— not respond to any messages that are mean or in any way make me feel uncomfortable</li> <li>— not use rude or mean language on the Internet</li> </ul>	<p>Respect that each person is created in God’s image and likeness(K-2)</p> <p>Give examples of how we show respect for all life (6)</p> <p>Understand and act on moral norms concerning speech (6)</p> <p>Demonstrate respect for all living things (K-2)</p> <p>Acknowledge that the body is sacred because each person is made in God’s image (K-2)</p> <p>Express how each person is responsible for one’s own life and decisions (3-5)</p> <p>Choose to respect the human body as a Temple of the Holy Spirit (6)</p> <p>Show respect and responsibility for all life (K-2)</p> <p>Name ways to defend those whose dignity or life is threatened (3-5)</p> <p>Relate sources of violence, oppression, and injustice and how they impact today’s society (6)</p>	<p><i>Standard One: Promoting Knowledge of the Faith</i> (CCC #362-367)</p> <p>D. Know the Church’s teaching on the dignity of the human person in its social doctrine, including respect-life teaching RS p. 10</p> <p><i>Standard Three: Moral Formation</i> (CCC #1691-2557)</p> <p>B. Understand the Ten Commandments, Beatitudes and moral teachings of the Church and live according to them. RS p. 19</p> <p>C. Understand the dignity, destiny, freedom and responsibility of each person RS p.19</p> <p>E. Promote the Gospel of Life so that respecting life from conception until natural death is honored in personal behavior, public policy, and in the expressed values and attitudes of our society. RS p.21</p>

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<p><b><u>Tell a Trusted Adult</u></b></p> <ul style="list-style-type: none"> <li>— if anything happens to me</li> <li>— if something is bothering me or when a problem becomes too big for me to handle</li> </ul> <p><i>Internet Safety Pledge</i> I will:</p> <ul style="list-style-type: none"> <li>— turn off my computer monitor right away and tell a trusted adult if anything makes me feel scared, uncomfortable, or confused</li> <li>— tell my parents or guardian if anyone online asks me my name, my address, my telephone number, or the name and location of my school.</li> <li>— tell my parents or guardian if anyone online asks to meet me in person</li> <li>— show an offensive message to a trusted adult right away so that he or she can decide if it's necessary to contact the online service or other authorities</li> </ul>	<p>Show respect for those in authority (K-2)</p> <p>Acknowledge how [the 10 Commandments ...] guide us (e.g. telling the truth) (3-5)</p> <p>Apply the 10 Commandments to daily living (6)</p> <p>Internalize God's unconditional love and mercy (K-2)</p> <p>Describe how to use critical reflection when encountering a moral problem (3-5)</p> <p>Understand the role and authority of adults within the family and acknowledge the roles and responsibilities of children within the family structure. (K-2)</p> <p>Relate strong family relationships with mutual respect and understanding of the different roles of family members (3-5)</p> <p>Identify strategies for maintaining personal respect and boundaries with family and friends (3-5)</p> <p>Practice and apply conflict resolution strategies to their relationships (6)</p> <p>Identify different service ministries in the parish (K-2)</p> <p>Treat all life with respect and care for it with good stewardship (3-5)</p> <p>Assume responsibility for changes in behavior and/or attitude (6)</p>	<p><i>Standard Three: Moral Formation (CCC #1691-2557)</i></p> <p>B. Understand the Ten Commandments, Beatitudes and moral teachings of the Church and live according to them. <i>RS</i> p. 19</p> <p>D. Understand the meaning and nature of sin and the power of God's grace to overcome it. <i>RS</i> p.20</p> <p><i>Standard Five: Education for Community Life (CCC #2196-2257)</i></p> <p>C. Nurture marriage and family life. <i>RS</i> p. 27</p> <p><i>Standard Six: Missionary Initiation (CCC #1807,1878-1948)</i></p> <p>E. Understand the importance of serving those in need, promoting the common good and working for the transformation of society through personal and social action. <i>RS</i> p.33</p>