

Alignment of *Talking About Touching* with the *Religion Standards for Catholic Education* in the Archdiocese of Saint Paul and Minneapolis

The *Talking About Touching* program is well suited for presentation in religious education and Catholic school settings. Schools that purchased the *Talking About Touching* Program with state or federal program dollars need to follow the state and federal guidelines for the use of these materials. To support these programs in integrating the *Talking About Touching* program with instruction, the following pages contain charts that align each lesson with the Roman Catholic Archdiocese of St. Paul and Minneapolis’ Religion Standards. To create a Catholic context for each lesson, use the chart on the following pages as your guide.

Example

In *Talking About Touching* Preschool/Kindergarten Lesson 8, “ Getting and Giving Safe Touches,” a key message is “safe touches are good for your body and make you feel cared for, loved and important.” To create a faith-based context for this lesson, please note the references to the Archdiocesan religion standards on the chart as well as corresponding concept from the Catechism of the Catholic Church.

In introducing the lesson, ask children to remember that God loves us, and that life and physical health are precious gifts entrusted to us by God. Explain that we are called to be like our loving creator when we are with other people. “Today we are going to talk about safe touches. I want you to think about times that Jesus used touch when he was with other people.” Students may reply, “Healing the sick.” Remind children that Jesus used safe touch to help other people feel better.

Notes on Construction: Only those lessons directly related to the PCYI are included here.

RS = Religion Standards for Catholic Education in the Archdiocese of Saint Paul and Minneapolis for Kindergarten through Grade 8

CCC = Related paragraphs in the Catechism of the Catholic Church

Recommended = Suggested for meeting minimum expectations of safe environment program

Talking About Touching		Religion Curriculum	Religion Standards
Pre/K Lesson		Theme/Benchmark	for the Archdiocese of Saint Paul and Minneapolis
Lesson 5: <i>Getting found</i>		Recognize that Jesus came to save all people	<i>Standard One: Promoting Knowledge of the Faith</i> E. Learn the richness of the Church’s tradition and understand church history. <i>RS p.11</i>
Recommended	Lesson 6: <i>The Always Ask First Rule</i> Getting permission Before Going with Someone	Understand the role and authority of adults within the family and acknowledge the roles and responsibilities of children within the family structure	<i>Standard Five: Education for Community Life</i> C. Nurture marriage and family life <i>RS p.15; CCC# 1897-1904, 1905-1927, 2288-2291</i>

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Pre/K Lesson (Continued)			
Recommended	<p><i>Lesson 7: The Always Ask First Rule</i></p> <p>Getting permission Before Accepting Gifts</p>	See Lesson 6	See Lesson 6
	<p><i>Lesson 8: Getting and Giving Safe Touches</i></p> <p>“Safe touches are good for your body and make you feel cared for, loved, and important.” (Jesus used safe touch to show that he loved and cared for people.)</p>	<p>Understand that actions affect others</p> <p>Demonstrate respect for all living things</p> <p>Acknowledge that the body is sacred because each person is made in God’s image</p>	<p><i>Standard Three: Moral Formation C. Understand the dignity, destiny, freedom, and responsibility of each person.</i> RS p.19; CCC# 2083-2100</p>
	<i>Lesson 9: Dealing with Unsafe Touches</i>	See Lesson 8	See Lesson 8 CCC# 428-682,1700-1715, 2258-2330
	<i>Lesson 10: Saying ‘NO’ to Unwanted Touches</i>	See Lesson 8	See Lesson 8
Recommended	<p><i>Lesson 11: Learning the Touching Rule</i></p>	<p>Understand actions affect others</p> <p>Acknowledge that the body is sacred because each person is made in God’s image</p>	<p><i>Standard Three: Moral Formation C. Understand the dignity, destiny, freedom, and responsibility of each person.</i> RS p.19; CCC# 369-373, 1786-1789, 2258, 2288-2291, 2331-2359</p>
	<i>Lesson 12: Learning the Safety Steps</i>	See Lesson 11	See Lesson 11
	<i>Lesson 13: Using the Touching Rule</i>	See Lesson 11	See Lesson 11
Recommended	<p><i>Lesson 14: Joey Learns the Touching Rule</i></p>	See Lesson 11	See Lesson 11
Recommended	<p><i>Lesson 15: Sam’s Story</i></p> <p>“I Like Myself” song</p>	Show respect and responsibility for all life	<p><i>Standard Three: Moral Formation F. Promote the Gospel of Life so that respecting life ... is honored in personal behavior...</i>RS p. 21; CCC # 1700-1715, 2258-2356</p>

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Talking About Touching Grade 1 Lesson		Religion Curriculum Theme/Benchmark	Religion Standards for the Archdiocese of Saint Paul and Minneapolis
Recommended	<p><i>Lesson 3: The Always Ask Rule</i></p> <p>“Always ask your parent(s) or the person in charge if someone wants to give you something. Always ask your parent(s) or the person in charge first if someone wants you to go somewhere with him or her.”</p>	<p>Show respect for those in authority</p> <p>Understand the role and authority of adults within the family and acknowledge the roles and responsibilities of children within the family structure</p>	<p><i>Standard Three: Moral Formation</i> B. Understand the 10 Commandments...and live according to them. <i>RS</i> p. 19; CCC # 2197-2200, 2207-2228</p> <p><i>Standard Five: Education for Community Life</i> C. Nurture marriage and family life. <i>RS</i> p.15; CCC #1897-1904, 1905-1927, 2288-2291</p>
Recommended	<p><i>Lesson 4: Identifying Touches: Safe Touch/Unsafe Touch</i></p> <p>“Safe touches are good for your body and make you feel cared for, loved, and important. Unsafe touches are touches that hurt your body or your feelings.”</p>	<p>Understand that actions affect others</p> <p>Demonstrate respect for all living things</p> <p>Acknowledge that the body is sacred because each person is made in God’s image</p>	<p><i>Standard Three: Moral Formation</i> C. Understand the dignity, destiny, freedom, and responsibility of each person. <i>RS</i> p.19; CCC # 1004, 2083-2100</p>
Recommended	<p><i>Lesson 5: Dealing with Unsafe Touch</i></p>	<p>See Lesson 4</p>	<p>See Lesson 4 CCC # 428-682, 1700-1715, 2258-2330</p>
Recommended	<p><i>Lesson 6: Physical Abuse</i></p> <p>Telling a Grown-Up</p> <p>“Sometimes children are hurt by someone so that it leaves a mark on their bodies. This is never okay. If it happens to you, you should tell a grown-up who can help you.”</p>	<p>Respect that each person is created in God’s image and likeness</p> <p>Acknowledge that the body is sacred because each person is made in God’s image</p>	<p><i>Standard One: Promoting Knowledge of the Faith</i> D. Know the church’s teaching on the dignity of the human person in its social doctrine, including respect-life teaching. <i>RS</i> p.10, CCC # 1004</p> <p><i>Standard Three: Moral Formation</i> C. Understand the dignity, destiny, freedom, and responsibility of each person. <i>RS</i> p.19; CCC # 2083-2100</p>

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Talking About Touching Grade 1 Lesson (continued)		Religion Curriculum Theme/Benchmark	Religion Standards for the Archdiocese of Saint Paul and Minneapolis
Recommended	<p><i>Lesson 7: Saying “No” to Unwanted Touch</i></p> <p>“There are different kinds of touch. Sometimes you may not want to be touched. Remember, it is okay to say ‘NO’ to touches you don’t want.”</p>	Show respect and responsibility for all life	<p><i>Standard Three: Moral Formation</i> F. Promote the Gospel of Life so that respecting life from conception to natural death is honored in personal behavior, public policy, and in the expressed values and attitudes of our society. RS p. 21; CCC # 1700-1715, 2258- 2356</p>
	<p><i>Lesson 8: The Touching Rule</i></p> <p>“No one should touch your private body parts except to keep you clean and healthy.”</p>	See Lesson 6	See Lesson 6
	<p><i>Lesson 9: Learning the Safety Steps.</i></p>	See Lesson 6	See Lesson 6
	<p><i>Lesson 10: Using the Touching Rule</i></p> <p>(Just as Jesus asks us to care for others, he has asked others to care for us. These are adults that we know and trust.)</p>	Identify how members of the parish are living their Baptismal call	<p><i>Standard Six: Missionary Initiation</i> B. Respond to God’s call whether as a lay person, ordained or vowed religious. RS p.31; CCC # 369-373, 2331-2359</p>
	<p><i>Lesson 11: Standing Up for Yourself by Saying “NO.”</i></p>	Apply their knowledge of the faith to their daily life	<p><i>Standard Six: Missionary Initiation</i> C. Encourage, motivate, and equip the faithful to speak to others about scripture, tradition, and teachings of the Church. RS p.32; CCC # 369-373, 2331-2359</p>
	<p><i>Lesson 12: Getting Help If You Are Bullied</i></p>	See Lesson 11	See Lesson 11
	<p><i>Lesson 13: Sam’s Story</i></p> <p>“I Like Myself” song</p>	Show respect and responsibility for all life	<p><i>Standard Three: Moral Formation</i> F. Promote the Gospel of Life so that respecting life from conception to natural death is honored in personal behavior, public policy, and in the expressed values and attitudes of our society. RS p. 21; CCC #1700-1715, 2258-2356</p>

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Talking About Touching Grade 2 Lesson		Religion Curriculum Theme/Benchmark	Religion Standards for the Archdiocese of Saint Paul and Minneapolis
<p><i>Lesson 3: Home Safety</i> Answering the Phone</p>		<p>Understand that actions affect others</p> <p>Demonstrate respect for all living things</p> <p>Distinguish between accidents, mistakes and sin</p>	<p><i>Standard Three: Moral Formation</i> C. Understand the dignity, destiny, freedom and responsibility of each person. <i>RS</i> p.19</p> <p>D. Understand the meaning and nature of sin and the power of God’s grace to overcome it. <i>RS</i> p.12; <i>CCC</i> # 1897-1904, 1905-1927, 2288-2291</p>
Recommended	<p><i>Lesson 4: The Always Ask First Rule</i></p> <p>“Always ask your parent(s) or the person in charge if someone wants to give you something.”</p> <p>“Always ask your parent(s) or the person in charge first if someone want you to go somewhere with him or her.”</p>	<p>Understand their responsibility to care for themselves, others, and the environment</p> <p>Understand the role and authority of adults within the family and acknowledge the roles and responsibilities of children within the family structure</p>	<p><i>Standard Five: Education for Community Life</i> B. Cultivate human values and Christian virtues that foster growth in interpersonal relationships and in civic responsibility. <i>RS</i> p.26</p> <p>C. Nurture marriage and family life. <i>RS</i> p.27; <i>CCC</i> # 1996</p>
Recommended	<p><i>Lesson 5: Identifying Touches - Safe Touch, Unsafe Touch</i></p>	<p>Understand that actions affect others</p> <p>Demonstrate respect for all living things</p> <p>Acknowledge that the body is sacred because each person is made in God’s image</p>	<p><i>Standard Three: Moral Formation</i> C. Understand the dignity, destiny, freedom, and responsibility of each person. <i>RS</i> p.19; <i>CCC</i> # 2083-2100</p>

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Talking About Touching Grade 2 Lesson (continued)		Religion Curriculum Theme/Benchmark	Religion Standards for the Archdiocese of Saint Paul and Minneapolis
Recommended	<p><i>Lesson 6: Unsafe Touch</i></p> <p>Preventing Physical Abuse</p> <p>“Remember, you deserve to be safe. If someone hurts you in a way that leaves a mark on your body, tell a grown-up you know and trust.”</p>	<p>Practice simple forms of guided reflection as a tool for understanding how to make informed moral decisions</p> <p>Associate trust in God and with their own well-being and happiness</p> <p>Understand their responsibility to care for themselves, others and the environment</p>	<p><i>Standard Three: Moral Formation</i> E. Learn how to acquire a well-formed conscience. <i>RS</i> p. 20; <i>CCC</i> # 1783-1802</p> <p><i>Standard Five: Education for Community Life</i> B. Cultivate human values and Christian virtues that foster growth in interpersonal relationships and in civic responsibility. <i>RS</i> p.26; <i>CCC</i> #1929-1933</p>
Recommended	<p><i>Lesson 7: Unwanted Touch</i></p>	See Lesson 6	See Lesson 6
<p><i>Lesson 8: The Touching Rule (Booster Lesson)</i></p> <p>“No one should touch your private parts except to keep you clean and healthy.” (To be safe we choose to follow the safety rules.)</p>		See Lesson 6	See Lesson 6
<p><i>Lesson 9: Learning the Safety Steps (Booster Lesson)</i></p>		See Lesson 6	See Lesson 6
Recommended	<p><i>Lesson 10: Secrets About Touching</i></p> <p>Telling a Grown-up</p>	<p>Demonstrate ways to live the ‘Great Commandment’</p> <p>Understand the role and authority of adults within the family and acknowledge the roles and responsibilities of children within the family structure</p>	<p><i>Standard Three: Moral Formation</i> G. Live a lifestyle reflecting scriptural values. <i>RS</i> p. 21, <i>CCC</i># 2488-2492</p> <p><i>Standard Five: Education for Community Life</i> C. Nurture marriage and family life. <i>RS</i> p.27; <i>CCC</i> # 1996</p>
Recommended	<p><i>Lesson 11: Using the Touching Rule with Peers</i></p> <p>Asking for Help</p>	See Lessons 6 & 10	See Lessons 6 & 10

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Talking About Touching Grade 2 Lesson (continued)		Religion Curriculum Theme/Benchmark	Religion Standards for the Archdiocese of Saint Paul and Minneapolis
<p><i>Lesson 12: Finding Support Talking to a Grown-up</i></p> <p>“It’s good to have grown-ups you can go to if you have a problem and need to talk about it.”</p>		<p>See Lesson 10</p> <p>Practice simple forms of guided reflection as a tool for understanding how to make informed moral decisions</p>	<p>See Lesson 10</p> <p><i>Standard Three: Moral Formation</i> E. Learn how to acquire a well-formed conscience. <i>RS</i> p. 20; <i>CCC</i> # 1783-1802</p>
Recommended	<p><i>Lesson 13: Standing Up for Yourself If You Are Bullied</i></p> <p>“Being assertive lessens the likelihood of being a target of bullying”</p>	<p>Apply their knowledge of the faith to their daily life</p>	<p><i>Standard Six: Missionary Initiation</i> C. Encourage, motivate, and equip the faithful to speak to others about scripture, tradition, and teachings of the Church. <i>RS</i> p.32; <i>CCC</i> # 369-373, 2331-2359</p>

Talking About Touching Grade 3 &4 Lesson		Religion Curriculum Theme/Benchmark	Religion Standards for the Archdiocese of Saint Paul and Minneapolis
<p><i>Lesson 4: The Always Ask First Rule</i></p> <p>Following safety rules helps keep people safe</p>		<p>Acknowledge how [moral teachings] guide us</p> <p>Express how each person is responsible for one’s own life and decisions</p>	<p><i>Standard Three: Moral Formation</i> B. Understand the Ten Commandments, the Beatitudes and moral teachings of the church and live according to them. <i>RS</i> p.19</p> <p>C. Understand the dignity, destiny, freedom and responsibility of each person. <i>RS</i> p. 19; <i>CCC</i> # 1897-1927, 2288-2290</p>
<p><i>Lesson 5: Identifying Touches: Safe Touch/Unsafe Touch/Unwanted Touch</i></p> <p>Children learn about three different kinds of touch. They also learn that it’s okay to say ‘no’ to unwanted and unsafe touches.</p> <p>(Safe touches are signs that people love and care for us)</p>		<p>See Lesson 4</p> <p>Relate strong family relationships with mutual respect and understanding of the different roles of family members.</p> <p>Treat all life with respect and care for it with good stewardship</p>	<p>See Lesson 4</p> <p><i>Standard Five: Education for Community Life</i> C. Nurture marriage and family life. <i>RS</i> p. 27</p> <p><i>Standard Six: Missionary Initiation</i> E. Understand the importance of service to those in need, promoting the common good and working for the transformation of society through personal and social action. <i>RS</i> p.33; <i>CCC</i> # 1897-1904, 2338-2356</p>

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Grade 3 &4 Lesson (continued)			
Recommended	<p><i>Lesson 6: Physical Abuse</i></p> <p>Telling Secrets</p> <p>Everyone deserves to be safe. If someone hurts you so that it leaves a mark on your body or causes serious injury, you need to get help from a grown-up</p>	<p>Express how each person is responsible for one's own life and decisions</p> <p>Apply principles of fairness and justice to family and peer relationships</p> <p>Name ways to defend those whose dignity or life is threatened</p> <p>Identify strategies for maintaining personal respect and boundaries with family and friends</p>	<p><i>Standard Three: Moral Formation</i> C. Understand the dignity, destiny, freedom and responsibility of each person. <i>RS</i> p. 19; <i>CCC</i> #1905-1933</p> <p>F. Promote the Gospel of Life. <i>RS</i> p.23; <i>CCC</i> # 1928-1948, 2302-2306, 2832-2837.</p> <p><i>Standard Five: Education for Community Life</i> C. Nurture marriage and family life. <i>RS</i> p.27</p>
Recommended	<p><i>Lesson 7: The Touching Rule</i> (Booster Lesson)</p> <p>Safety Steps</p> <p>No one should touch your private body parts except to keep you clean and healthy.</p> <p>Say words that mean 'no', get away and tell a grown-up</p>	See Lesson 6	See Lesson 6
	<p><i>Lesson 8: The Touching Rule</i></p> <p>"No one should touch your private body parts except to keep you clean and healthy."</p>	See Lesson 6	See Lesson 6
Recommended	<p><i>Lesson 9: Telling Touching Secrets</i></p>	<p>See Lesson 6</p> <p>Acknowledge how [moral teachings] guide us (e.g. telling the truth...)</p>	<p>See Lesson 6</p> <p><i>Standard Three: Moral Formation</i> B. Understand the 10 Commandments, the Beatitudes and moral teachings of the Church and live according to them. <i>RS</i> p.19; <i>CCC</i># 2488-2492</p>

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Talking About Touching Grade 3 &4 Lesson (continued)		Religion Curriculum Theme/Benchmark	Religion Standards for the Archdiocese of Saint Paul and Minneapolis
Recommended	<p>Lesson 10: Learning to be Assertive</p> <p>Standing up for yourself</p>	<p>Give examples of how we live a Christian life</p> <p>Apply the Great Commandment to daily life</p> <p>Express how each person is responsible for one's own life and decisions</p> <p>Name ways to defend those whose dignity or life is threatened</p>	<p><i>Standard Two: Liturgical Education</i> A. Understand, live and bear witness to the suffering, death and resurrection of Jesus. RS p. 13</p> <p><i>Standard Three: Moral Formation</i> A. Understand the 'Great Commandment' of Jesus. RS p. 18</p> <p>C. Understand the dignity, destiny, freedom and responsibility of each person. RS p. 22</p> <p>F. Promote The Gospel of Life. RS p.21</p>
Recommended	<p><i>Lesson 11: Solving a Problem</i></p> <p>Talking it out</p>	<p>Express how each person is responsible for one's own life and decisions</p> <p>Determine ways to make moral decisions</p> <p>Describe how to use critical reflection when encountering a moral problem.</p>	<p><i>Standard Three: Moral Formation</i> C. Understand the dignity, destiny, freedom and responsibility of each person. RS p.19</p> <p>D. Understand the meaning and nature of sin and the power of God's grace to overcome it. RS p. 20</p>
Recommended	<p><i>Lesson 12: Dealing with bullying</i></p> <p>Asking for Help</p>	<p>See Lesson 11</p> <p>Acknowledge how [moral teachings] guide us (e.g. telling the truth...)</p> <p>Name ways to defend those whose dignity or life is threatened</p>	<p>See Lesson 11</p> <p><i>Standard Three: Moral Formation</i> B. Understand the 10 Commandments, the Beatitudes and moral teachings of the Church and live according to them. RS p.19; CCC# 2488-2492</p> <p>F. Promote The Gospel of Life. RS p.21</p>

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Talking About Touching Grade 3 &4 Lesson (continued)		Religion Curriculum Theme/Benchmark	Religion Standards for the Archdiocese of Saint Paul and Minneapolis
Recommended	<p><i>Lesson 13: Harassment</i></p> <p>Knowing What to Do</p>	<p>Identify and explain that the People of God (Church) help one another because we are disciples of Jesus.</p> <p>Choose to treat others with respect as Children of God.</p> <p>Apply the principles of fairness and justice in all relationships and activities</p>	<p><i>Standard One: Promoting Knowledge of the Faith</i> A. Know, love and be in relationship with Jesus Christ. RS p. 8</p> <p><i>Standard Three: Moral Formation</i> C. Understand the dignity, destiny, freedom and responsibility of each person. RS p. 19</p> <p><i>Standard Six: Missionary Initiation</i> E. Understand the importance of serving this in need, promoting the common good, and working for the transformation of society through personal and social action. RS p. 33</p>