

**Alignment of *Out of Harms Way* Personal Safety Curriculum for Grades 5-8  
to the Archdiocesan *Religious Standards for Catholic Education (RS)***

<b><i>Out of Harms Way: Grade 5</i></b>		
<b>Safety Curriculum Themes</b>	<b>Religion Curriculum Themes/Benchmarks</b>	<b>Religion Standards for the Archdiocese of St. Paul and Minneapolis</b>
<ul style="list-style-type: none"> <li>Your Personal Safety Rights</li> </ul>	<p>Give examples of how we live a Christian life</p> <p>Apply the Great Commandment to daily life</p>	<p><i>Standard Three: Moral Formation</i> B. Understand the Ten Commandments, Beatitudes and moral teachings of the Church and live according to them. RS p. 19, CCC #1691-2557</p>
<ul style="list-style-type: none"> <li>Distinguishing between safe and unsafe behavior</li> </ul>	<p>Apply the Great Commandment to daily life</p> <p>Acknowledge how Commandments, Beatitudes, and moral teachings guide us</p> <p>Relate strong family relationships with mutual respect and understanding of the different roles of family members</p> <p>Treat all life with respect and care for it with good stewardship</p>	<p><i>Standard Three: Moral Formation</i> A. Understand the Great Commandment of Jesus. RS p.18</p> <p>B. Understand the Ten Commandments, the Beatitudes and moral teachings of the church and live according to them. RS p.19</p> <p><i>Standard Five: Education for Community Life</i> C. Nurture marriage and family life. RS p. 27</p> <p><i>Standard Six: Missionary Initiation</i> E. Understand the importance of service to those in need, promoting the common good and working for the transformation of society through personal and social action. RS p.33, CCC 369-73,2331-2359, 1897-1904</p>
<ul style="list-style-type: none"> <li>Choosing safe solutions to potentially unsafe situations</li> </ul>	<p>Explain the relationship between the 'Great Commandment' and free will</p> <p>Acknowledge how the commandments and beatitudes help guide us</p> <p>Exhibit the use of critical reflection process in daily life</p>	<p><i>Standard Three: Moral Formation</i> A. Understand the 'Great Commandment' of Jesus. RS p.18</p> <p>B. Understand the Ten Commandments, the Beatitudes and moral teachings of the Church and live according to them. RS p.19</p> <p>C. Understand the dignity, destiny, freedom and responsibility of each person RS p.19, CCC #1691 - 2557</p>
<ul style="list-style-type: none"> <li>How overly-compliant behavior increases vulnerability</li> </ul>	<p>Give examples of virtues and vices</p>	<p><i>Standard Three: Moral Formation</i> D. Understand the meaning and nature of sin and the power of God's grace to overcome it. RS p.20</p>
<ul style="list-style-type: none"> <li>Ability to say "no" to people and protect rights and boundaries</li> </ul>	<p>Express how each person is responsible for one's life and decisions</p> <p>Determine ways to make moral decisions (e.g. critical reflection process)</p>	<p><i>Standard Three: Moral Formation</i> C. Understand the dignity, destiny, freedom and responsibility of each person RS p.19, CCC #1691 - 2557</p>

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<b><i>Out of Harms Way: Grade 6</i></b>		
<b>Safety Curriculum Themes</b>	<b>Religion Curriculum Themes/Benchmarks</b>	<b>Religion Standards for the Archdiocese of St. Paul and Minneapolis</b>
<ul style="list-style-type: none"> <li>• Your Personal Safety Rights</li> <li>• Identify effective lures</li> <li>• Develop safe responses to lures</li> <li>• Recognize online predators</li> <li>• Using assertive communication to set boundaries online</li> <li>• Learning how to lower your risk of exploitation and victimization</li> <li>• How to create a healthy balance between online and off-line relationships</li> </ul>	<p>Identify forces of violence, oppression and injustice present in today's society</p> <p>Assume responsibility for changes in behavior and/or attitude</p> <p>Acknowledge that people should have a well formed conscience and live according to it</p> <p>Relate sources of violence, oppression, and injustice and how they impact today's society</p>	<p><i>Standard Six: Missionary Initiation</i></p> <p>D. Explore and promote the applications of the Church's moral and social teachings <i>RS p.32</i></p> <p>E. Understand the importance of serving those in need, promoting the common good and working for the transformation of society through personal and social action. <i>RS p.33</i></p> <p><i>Standard Three: Moral Formation</i></p> <p>E. Learn how to acquire and follow a well-formed conscience <i>RS p.20</i></p> <p>F. Promote the Gospel of Life so that respecting life from conception until natural death is honored in personal behavior, public policy, and in the expressed values and attitudes of our society. <i>RS p.21, CCC #1691-2557</i></p>

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<b><i>Out of Harms Way: Grade 7</i></b>		
<b>Safety Curriculum Themes</b>	<b>Religion Curriculum Themes/Benchmarks</b>	<b>Religion Standards for the Archdiocese of St. Paul and Minneapolis</b>
<ul style="list-style-type: none"> <li>• Your Personal Safety Rights</li>   <li>• The importance of having a trusted adult in your life</li>   <li>• Taking steps toward building a relationship with a trusted adult</li>   <li>• Avoiding exploitation and victimization by maintaining clear boundaries</li>   <li>• Developing self respect and using assertive language to set strong and safe boundaries</li> </ul>	<p>Choose to respect the human body as a Temple of the Holy Spirit</p> <p>Treat all people with respect</p> <p>Show continuing desires to live a moral life</p> <p>Display respect for others, in all areas, including sexuality</p> <p>Demonstrate how moral virtues strengthen our lives</p> <p>Evaluate wants and needs in light of the common good</p>	<p><i>Standard Three: Moral Formation</i></p> <p>C. Understand the dignity, destiny, freedom and responsibility of each person <i>RS</i> p.19, CCC #1691 - 2557</p> <p>G. Learn how to acquire and follow a well-formed conscience <i>RS</i> p.20</p> <p>H. Promote the Gospel of Life so that respecting life from conception until natural death is honored in personal behavior, public policy, and in the expressed values and attitudes of our society. <i>RS</i> p.21, CCC #1691-2557</p> <p><i>Standard Six: Missionary Initiation</i></p> <p>E. Understand the importance of serving those in need, promoting the common good, and working for the transformation of society through personal and social action <i>RS</i> p.33, CCC # 1691 – 2557</p>

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<b><i>Out of Harms Way: Grade 8</i></b>		
<b>Safety Curriculum Themes</b>	<b>Religion Curriculum Themes/Benchmarks</b>	<b>Religion Standards for the Archdiocese of St. Paul and Minneapolis</b>
<ul style="list-style-type: none"> <li>• Your Personal Safety Rights</li> <li>• Identify behavior that must be shared rather than kept secret</li> <li>• Use problem-solving skills to help deal with relationship issues</li> <li>• Identify what choices have negative or positive effect on your safety</li> <li>• Skill-building opportunities on following instincts, solving problems, use of good-judgment, and creating healthy boundaries</li> <li>• Recognizing and trusting “inner alarm”</li> <li>• Demonstrate that responsible behavior leads to more freedom and privileges</li> </ul>	<p>Acknowledge that people should have a well formed conscience and live according to it</p> <p>Show continuing desires to live a moral life</p> <p>Display respect for others, in all areas, including sexuality</p> <p>Practice and apply conflict resolution strategies to their relationships.</p> <p>Understand that every human life, from conception until death, is sacred</p> <p>Identify forces of violence, oppression, and injustice in today’s society</p> <p>Apply the Gospel message regarding justice and peace to circumstances in life</p> <p>Assume responsibility for changes in behavior and/or attitude</p>	<p><i>Standard Three: Moral Formation</i></p> <p>E. Learn how to acquire and follow a well-formed conscience <i>RS p.20</i></p> <p>G. Live a lifestyle reflecting scriptural values <i>RS p.21</i></p> <p><i>Standard Five: Education for Community Life</i></p> <p>C. Nurture marriage and family life <i>RS p.27</i></p> <p><i>Standard Six: Missionary Initiation</i></p> <p>D. Explore and promote the applications of the Church’s moral and social teachings <i>RS p.32, CCC # 811, 1691 – 2557</i></p> <p>E. Understand the importance of serving those in need, promoting the common good, and working for the transformation of society through personal and social action <i>RS p.33, CCC # 1691 – 2557</i></p>